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Texas Child Mental Health Care Consortium

Children's Mental Health in Texas

Judicial Summit on Mental Health | November 3, 2022

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Executive Director, Texas Child Mental Health Care Consortium

Disclosures

- The slides were developed in collaboration with the Texas Child Mental Health Care Consortium Executive Team and Internal Evaluation Team
- The information presented is preliminary and subject to change



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Texas Child Mental Health Care Consortium

Texas Child Mental Health Care Consortium Background

Established through Senate Bill 11 of the 86th Legislative Session to:

- 1. Leverage the expertise and the capacity of the health -related institutions of higher education in Texas to:**
 - address urgent mental health challenges;
 - improve the mental health care system in this state in relation to children and adolescents; and
- 2. Enhance the state's ability to address mental health care needs of children and adolescents through collaboration of the health -related institutions of higher education.**



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Executive Committee Structure
(35 Members)

Administrative Attachment

Higher Education Coordinating Board receives state funding and sends it to the Consortium for services as directed by the Consortium's plan, once approved by the Legislative Budget Board

Administrative Support Entity

UT System appointed by the Executive Committee to provide administrative support for Consortium activities

HRI and Medical Schools

(26 total members)
Two members per institution:
Chair of Psychiatry Dept.
President's Designee

HHSC

(2 members)
One services expert
One facilities expert

Nonprofit Orgs

(3 members)
Selected by Consortium:
Meadows MH Policy Institute
Hogg Mental Health Foundation
Texas Council of Community Centers

Hospital System

(1 member)
Selected by Consortium:
Children's Health

Higher Education Coordinating Board

(1 member)

Any other entity designated by the Chairs of Psychiatry members

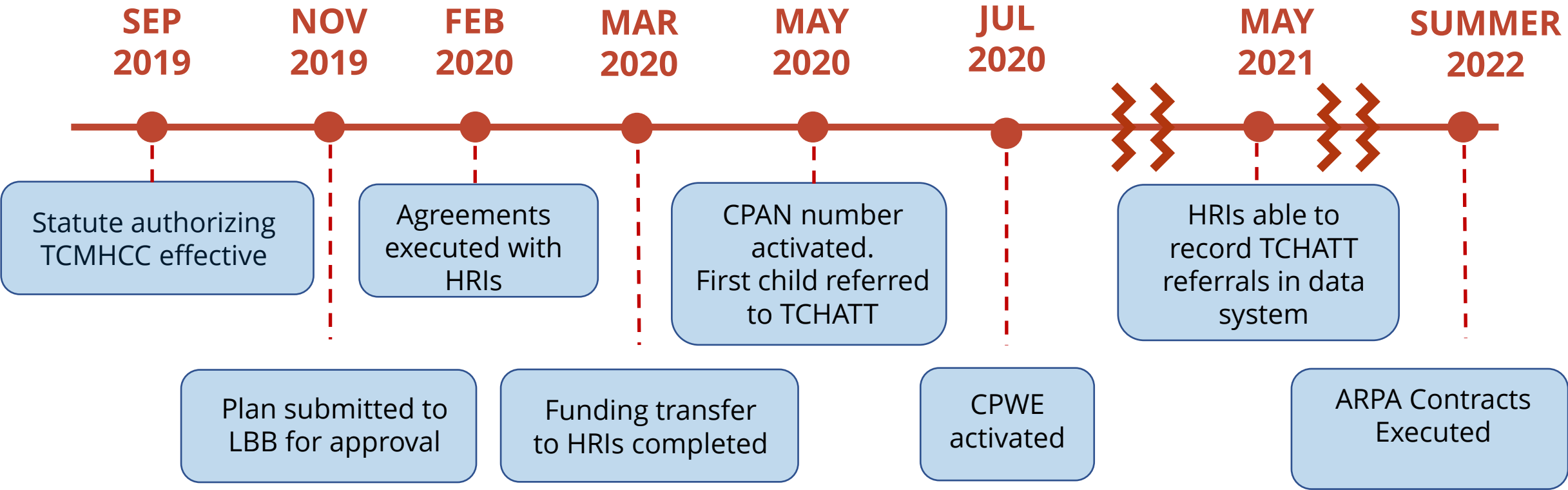
(2 members)
Baylor S&W
UT System



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TCMHCC Timeline



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TCMHCC Programs

More info at
www.tcmhcc.utsystem.edu/



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Child Psychiatry Access Network (CPAN)



Texas Child Health Access
Through Telemedicine



Community Psychiatry Workforce
Expansion



Child & Adolescent Psychiatry
(CAP) Fellowships



Children's Mental Health
Research

Child Psychiatry Access Network (CPAN)

Helps providers provide mental
health support to children and
adolescents



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What Free Services Does CPAN Offer?



Telephonic clinical consultation during
business hours with a child psychiatrist
or mental health clinician.



Care coordination for assistance
with referrals to community
mental health services.

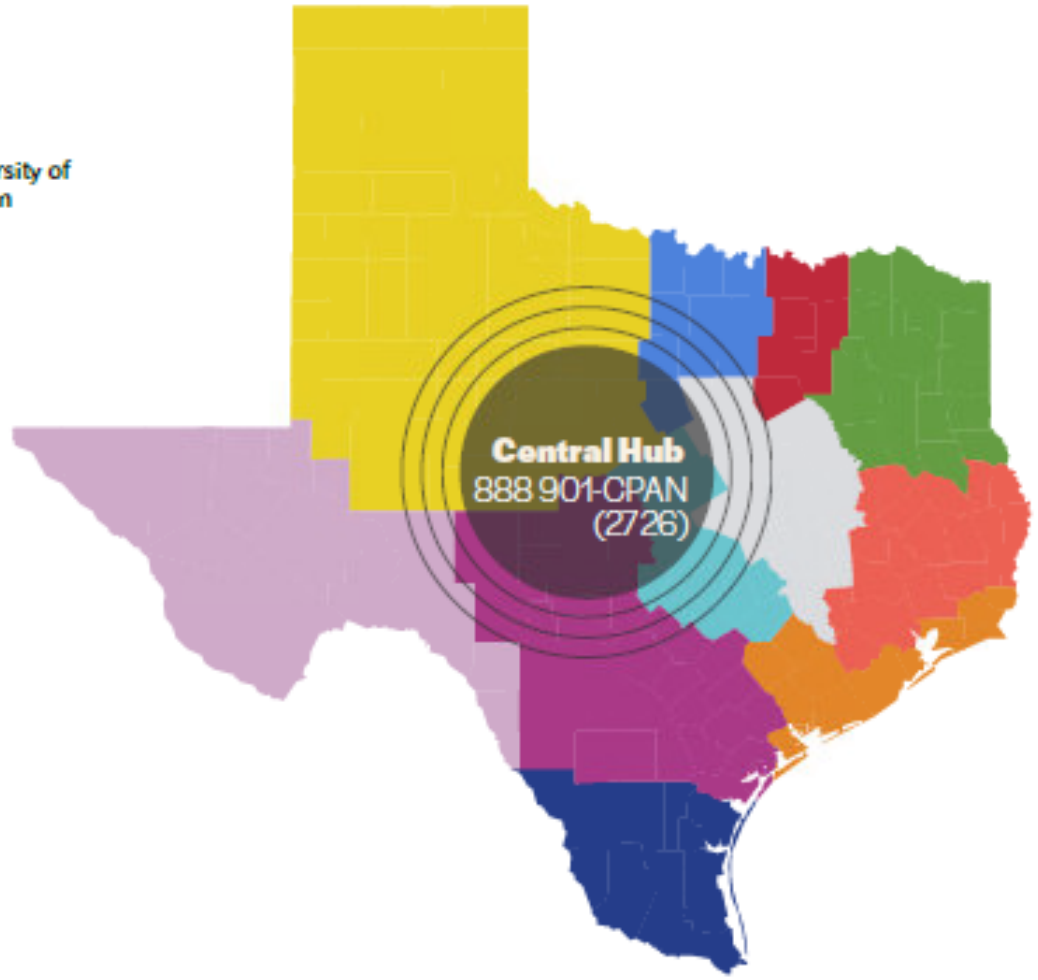


Continuing professional
education designed for pediatric
primary care providers.



CPAN Coverage Map

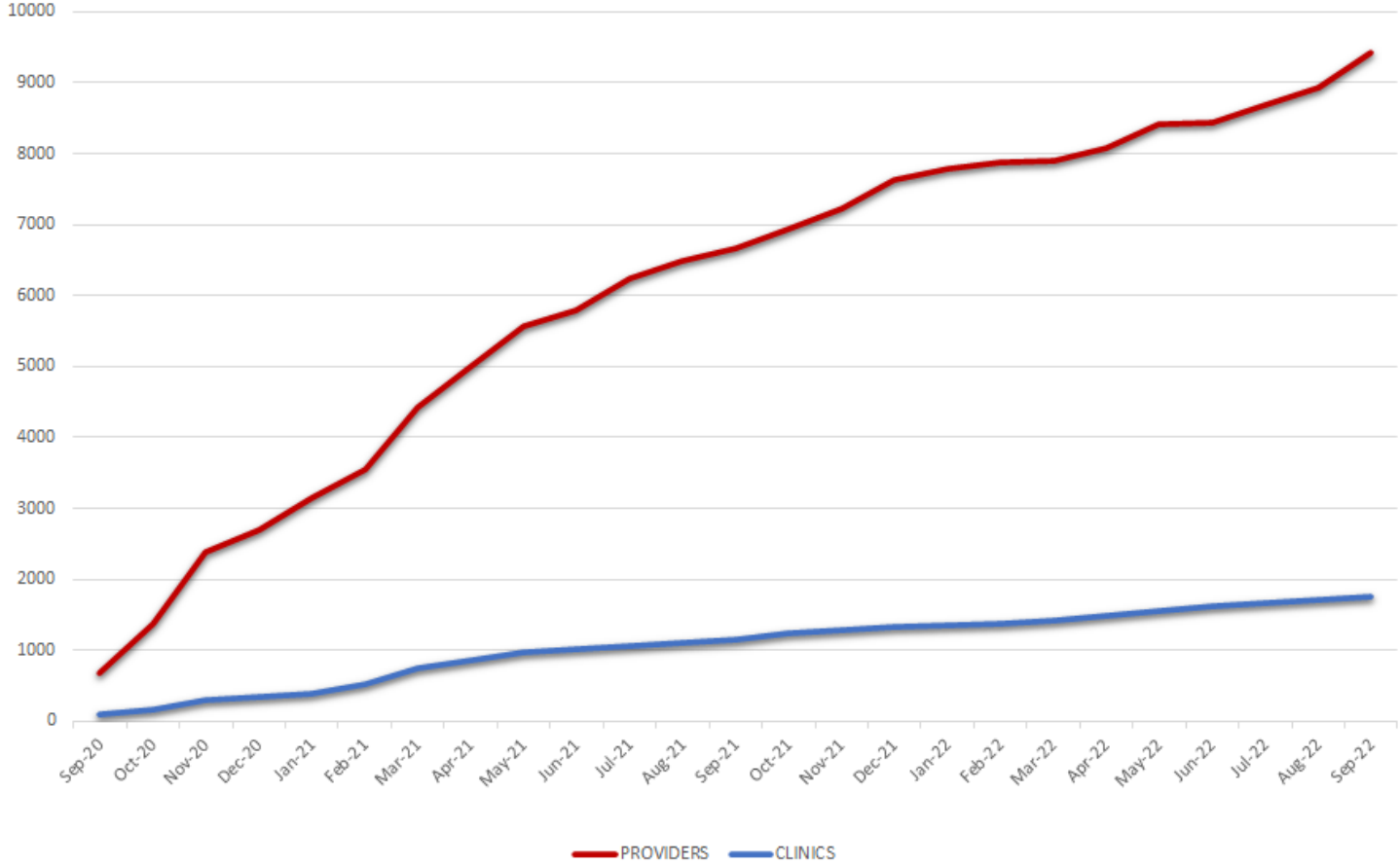
- Texas A&M University System Health Science Center
- Baylor College of Medicine | The University of Texas Health Science Center at Houston
- Dell Medical School at The University of Texas at Austin
- The University of Texas Southwestern Medical Center
- Texas Tech University Health Sciences Center at El Paso
- Texas Tech University Health Sciences Center
- The University of Texas Health Science Center at Tyler
- University of North Texas Health Science Center
- The University of Texas Medical Branch at Galveston
- The University of Texas Rio Grande Valley School of Medicine
- The University of Texas Health Science Center at San Antonio



CPAN Statewide Enrollment



STATEWIDE ENROLLMENT
SEP 2020 - SEP 2022
PROVIDERS & CLINICS



9,428

Enrolled Providers



1,755

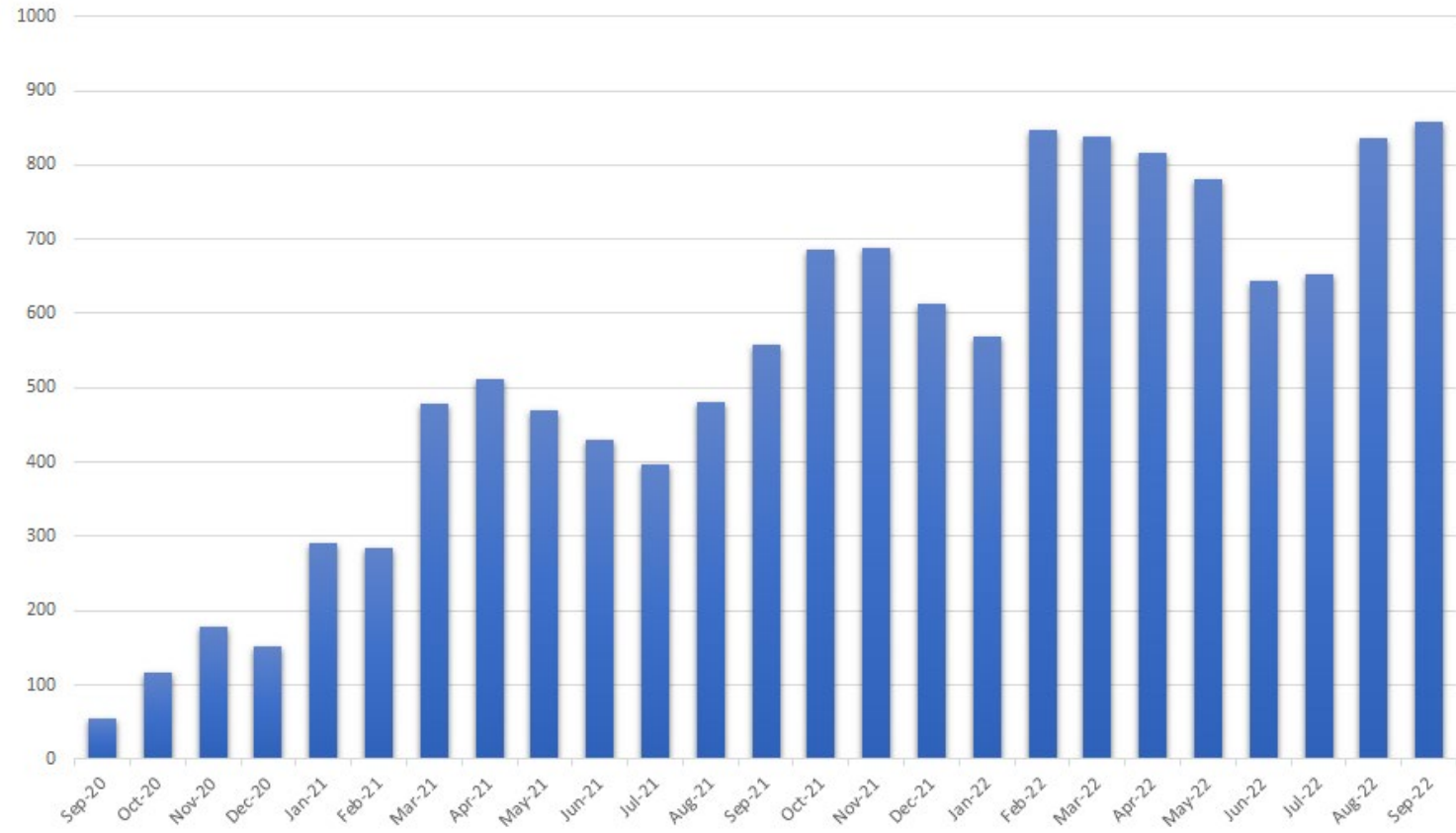
Enrolled Clinics



Statewide Monthly CPAN Consultations



STATEWIDE MONTHLY CONSULTATIONS
SEP 2020 - SEP 2022



 **13,381**
Completed Consults

 **12,057**
Patients Served



This is exactly the help small, rural communities need to help with the mental health of our children.

- CPAN Enroller

”

CPAN Expansion (ARPA-related)

- Direct assessment of patient for PCP
- Collaborative Care
- Direct Message/Text Add-On
- PeriPAN
- Suicide Prevention Training for PCPs



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Texas Child Health Access Through Telemedicine

Provides in-school behavioral telehealth care to at-risk children and adolescents.



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Direct telepsychiatry or counseling to students at schools.



Educational and training materials for school staff.



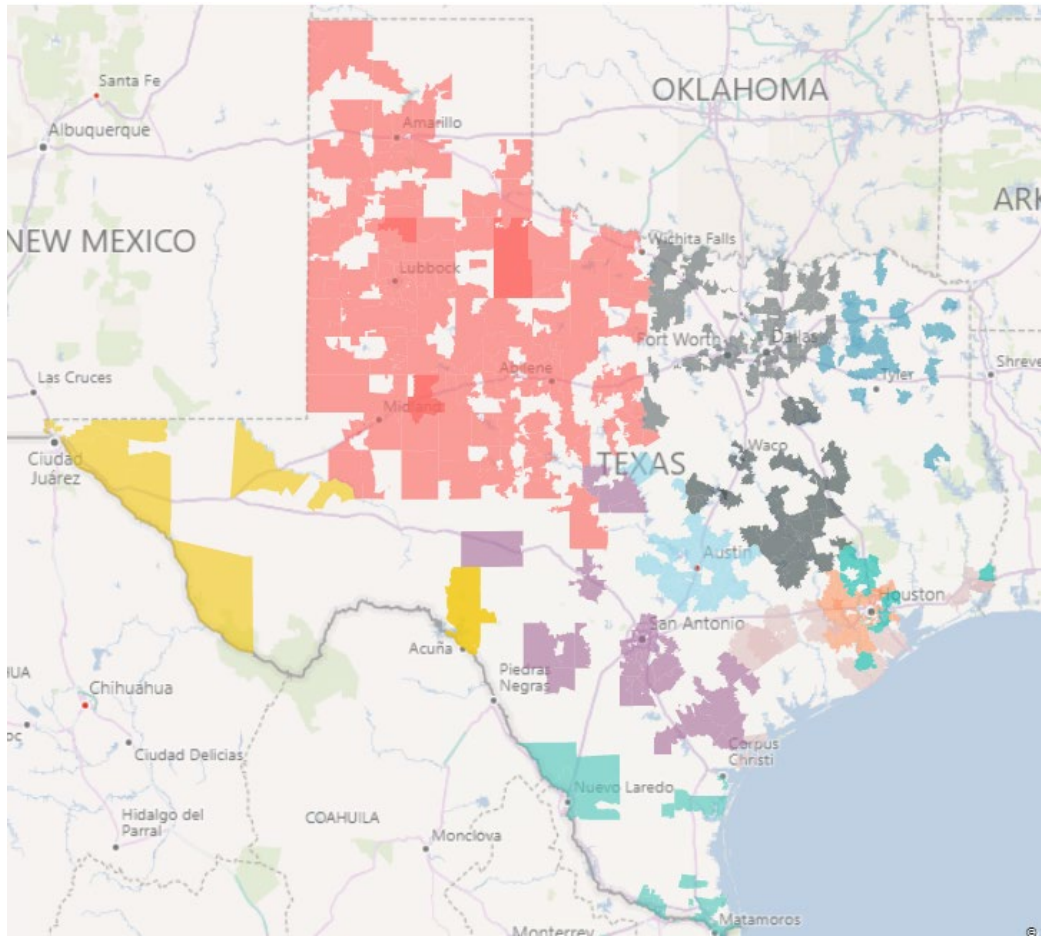
Statewide data management system.

TCHATT Campuses Active in August 2022

422 Districts
3,706 Campuses
2,449,492 Covered Students

Map reflects current campuses enrolled in TCHATT

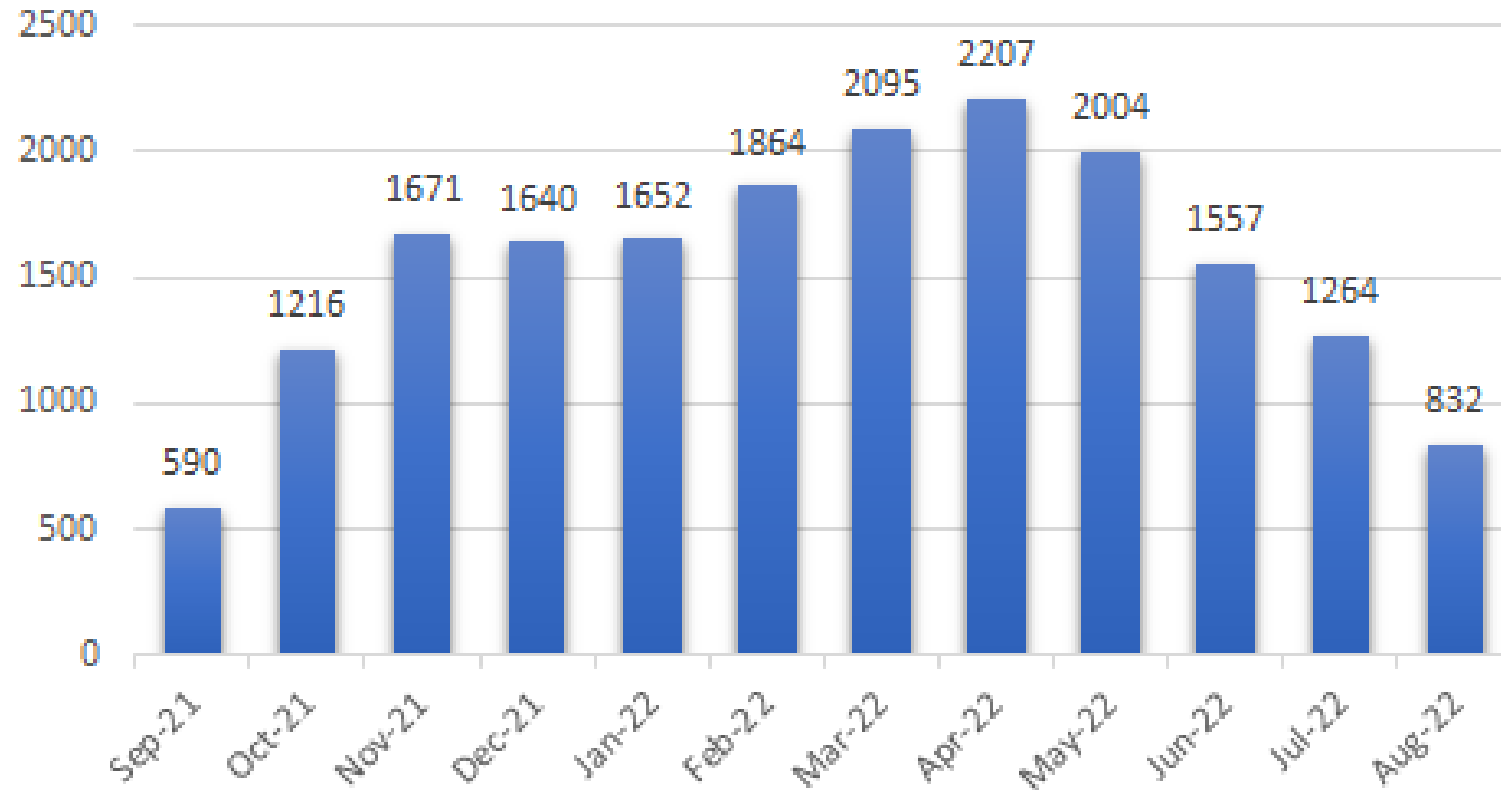
The process to complete a MOU involves careful review and coordination at the District level - processes varied based on local regulations.



HRI ● BCM ● TAMUHSC ● TTUHSC ● TTUHSC EP ● UNTHSC ● UT Aus Dell MS ● UTHSCH ● UTHSCSA ● UTHSCT ● UTMB ● UTRGV ● UTSW



Unique Students Served in TCHATT Each Month



13,262
Students
Referred

7,607
Students
Served

Totals for FY22, from
9/1/21 – 8/31/22

Note: Unique students may be served across more than one month

*Data validation in progress.
Numbers subject to change as
review and validation completed.



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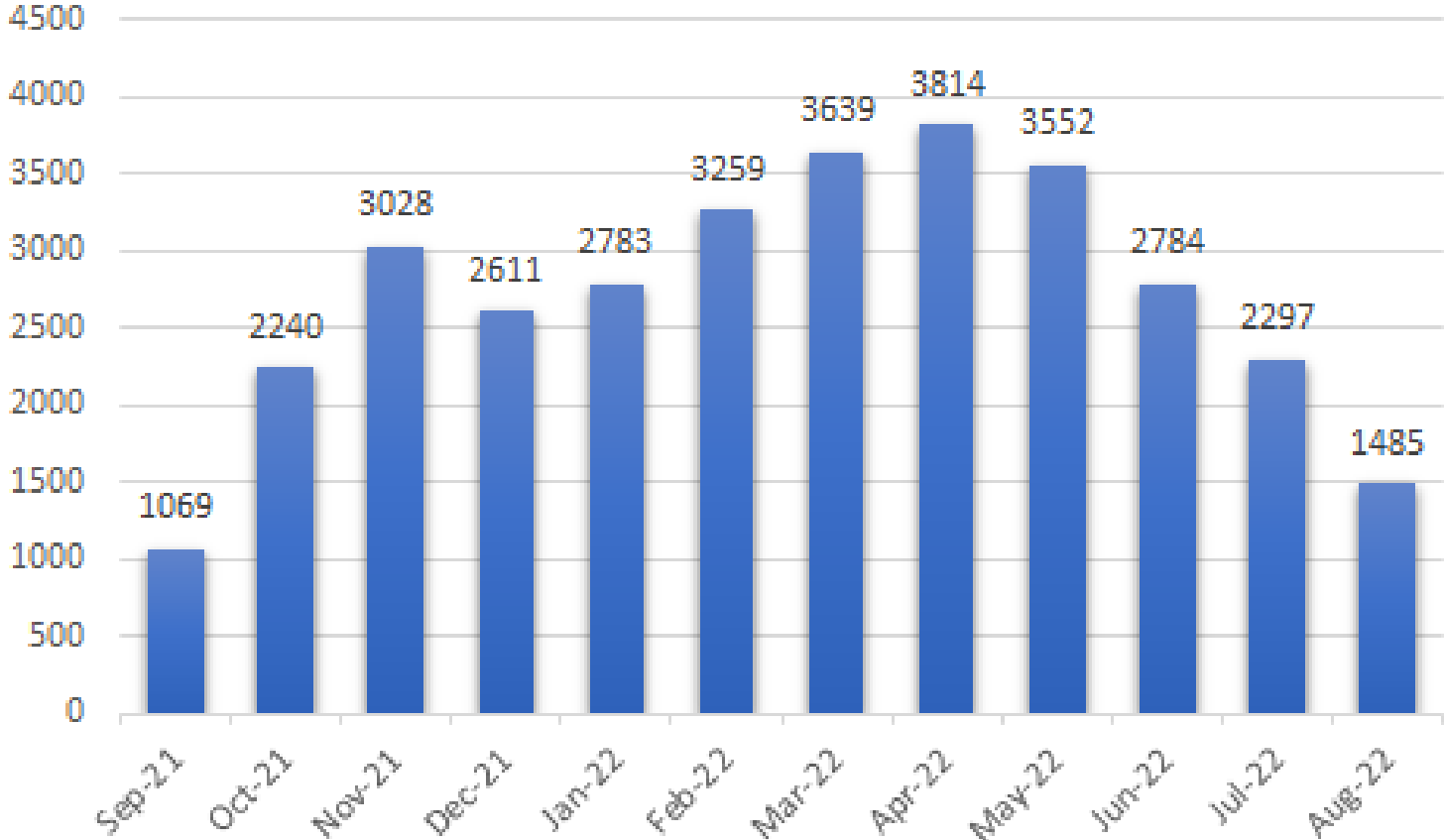
Sessions Provided Through TCHATT By Month



32,561
TCHATT Sessions

Total number of TCHATT sessions documented for FY22, from 9/1/21 – 8/31/22.

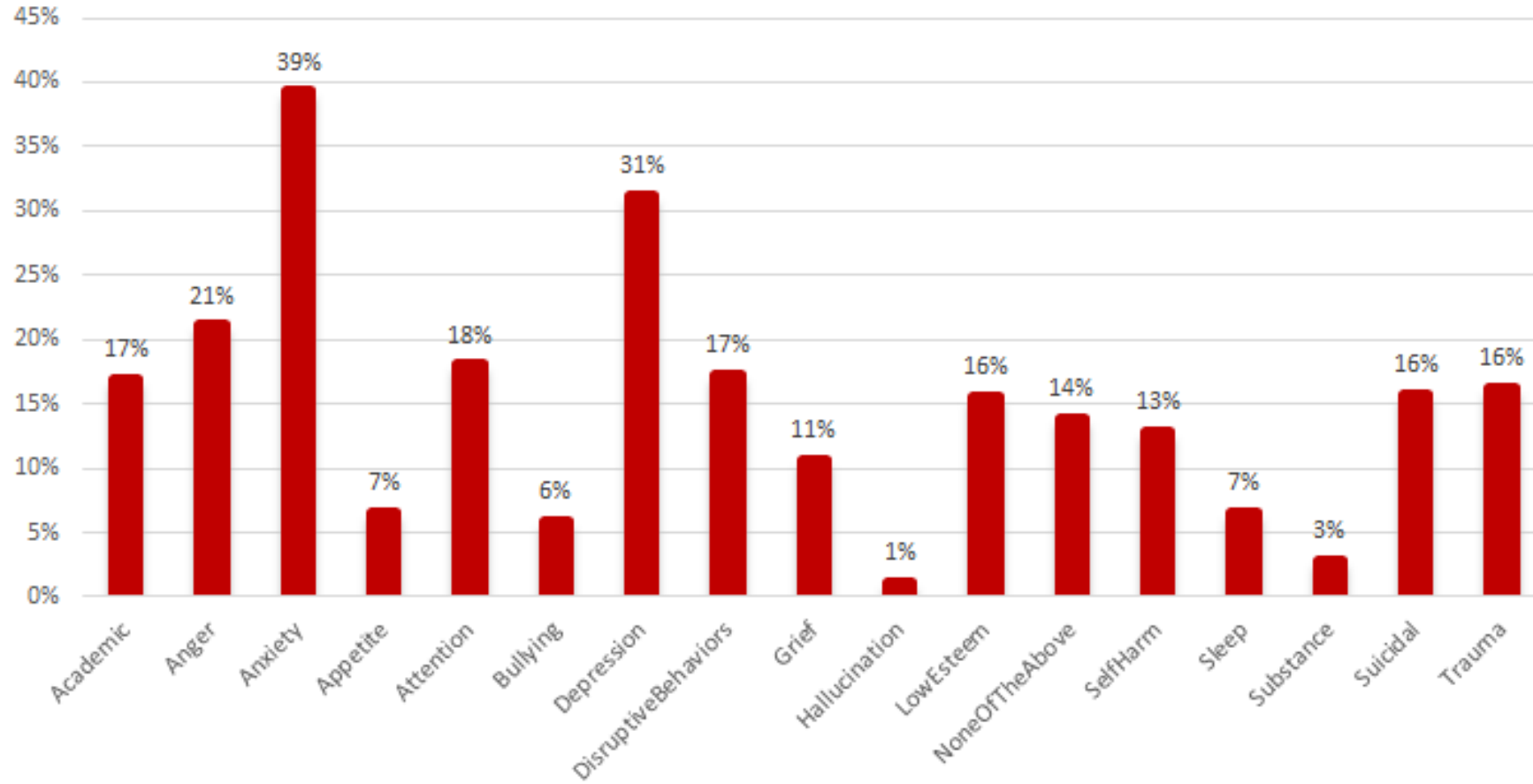
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Reasons for Referral, Oct 2021 to Aug 2022



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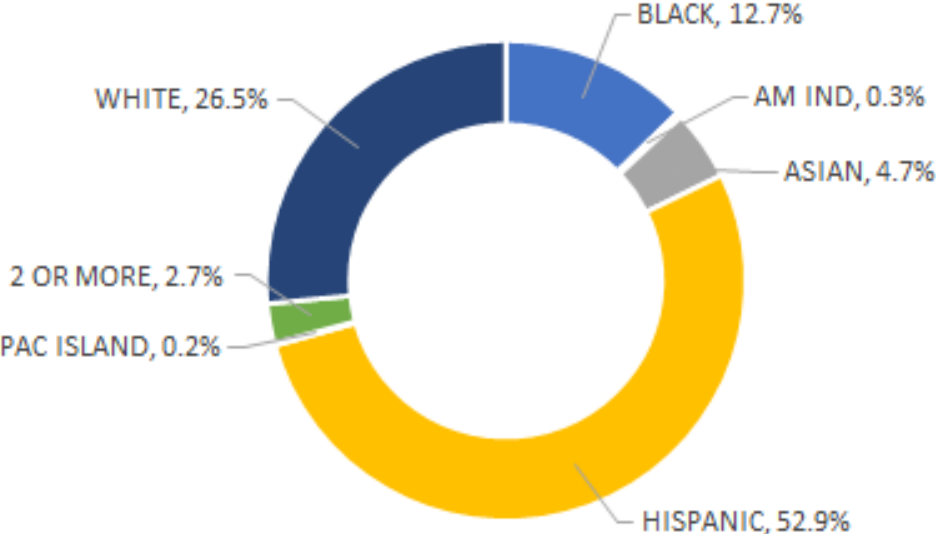


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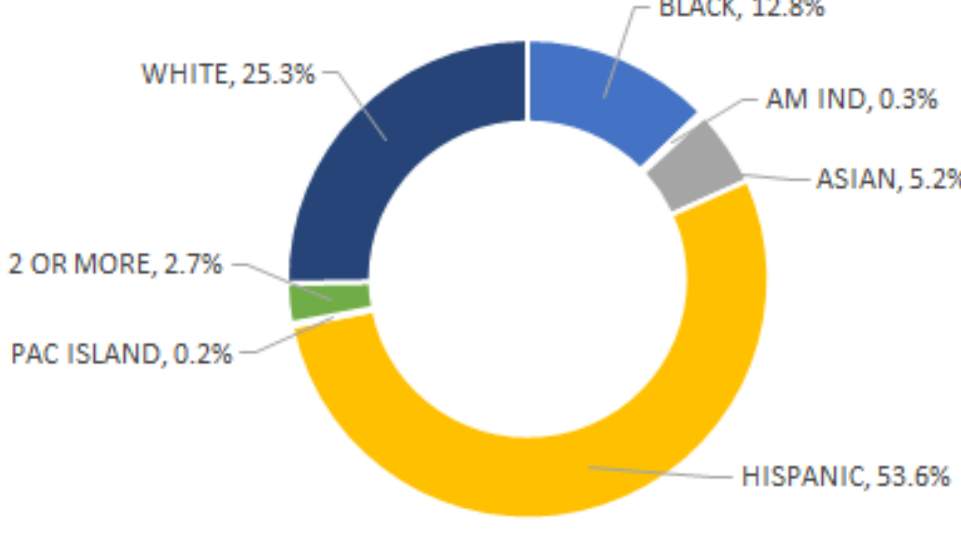
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Race / Ethnicity of all Texas Public School Students vs. Students Covered in TCHATT

Total Population of Texas Public School Students

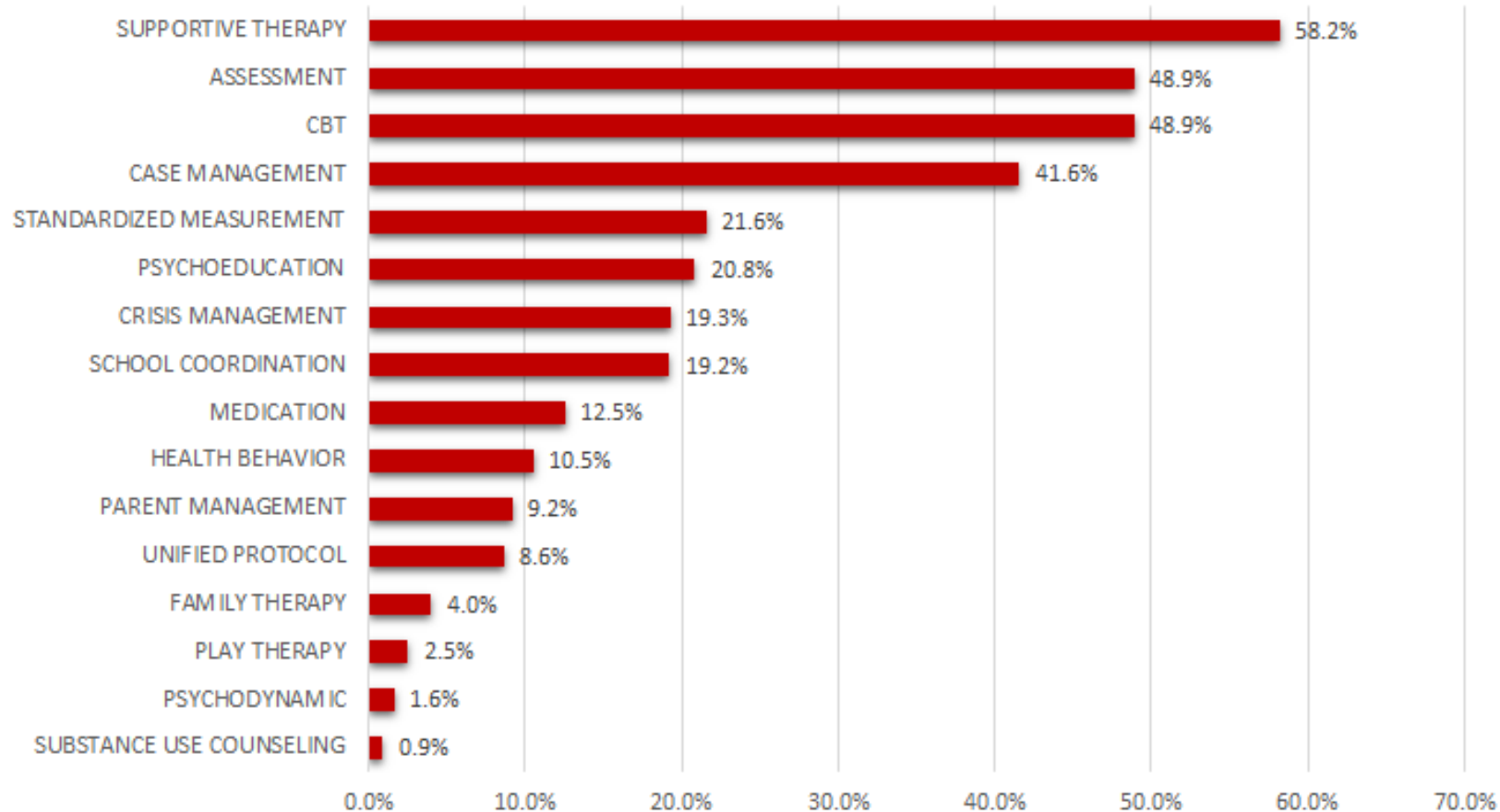


Students Covered in TCHATT



Types of Supports Families Receive Through TCHATT

FY22: 9/1/21-8/31/22



Students can receive more than one support through TCHATT

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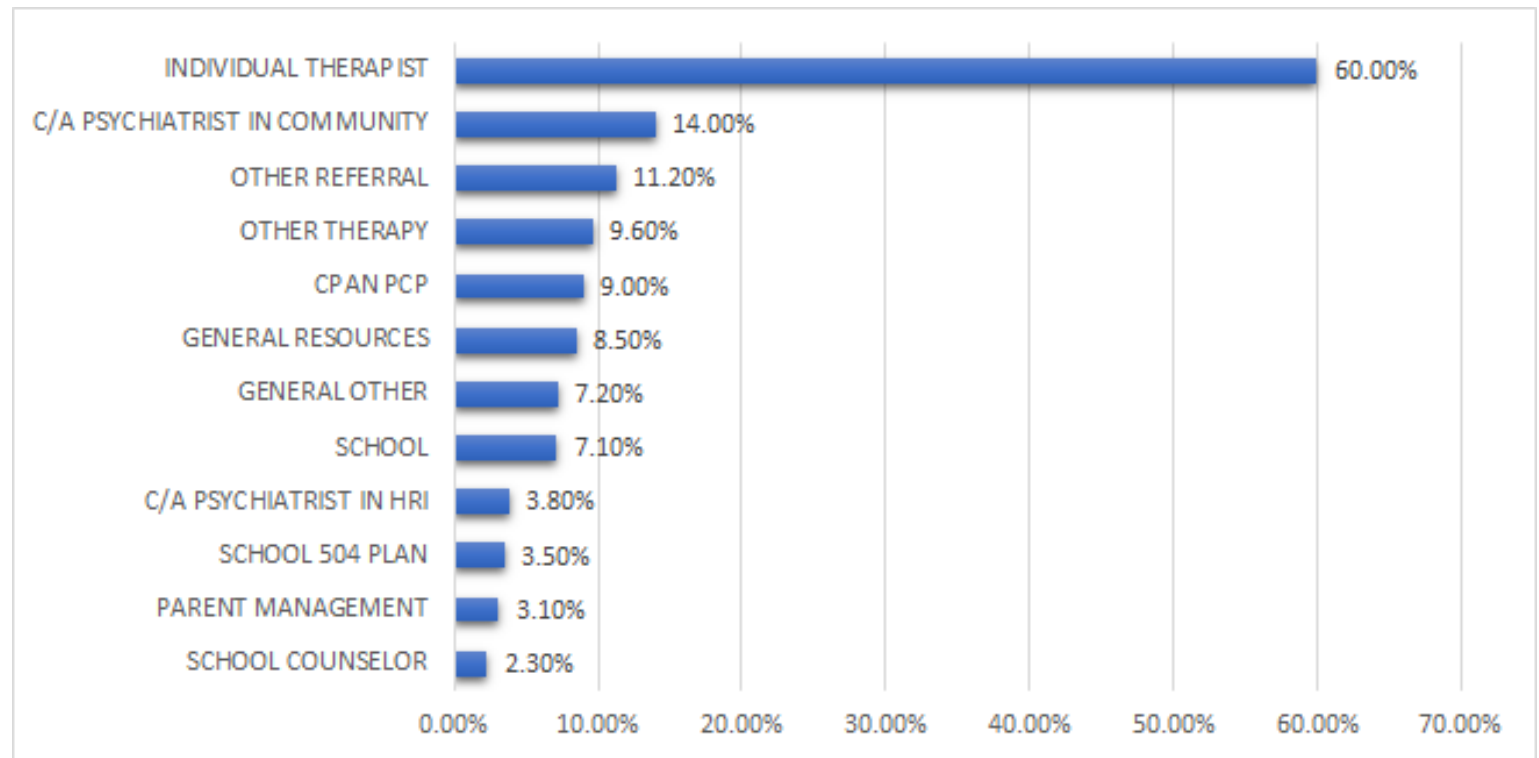
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Referrals Following TCHAT Care

70.1%
**Students or
Families Referred**

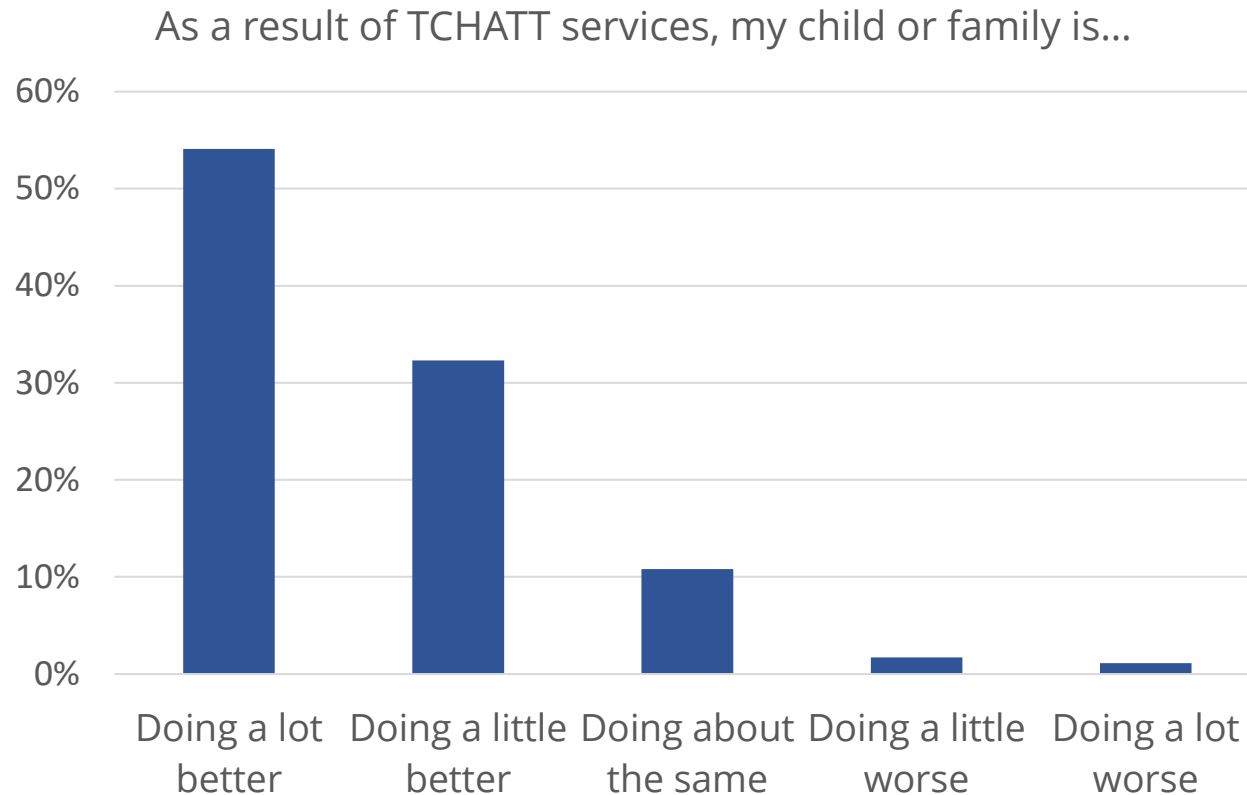
Proportion of students/families receiving specific referrals following TCHAT care between 9/1/21 – 8/31/22



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Parent Ratings of TCHATT



I am so grateful for this program. My daughter was in a really rough place and this program was like a shining light to her. It sparked amazing conversation between my daughter and I. She has some tools in her belt to handle situations she can't control in the future. Thank you! Thank you! Thank you!



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TCHATT Enhancements to Address COVID Impact (ARPA funded)

- More regions = 500k more lives covered
- Trauma, substance use, suicide prevention and anxiety
- Face-to-face and telehealth groups
- Additional sessions as needed
- Bilingual bereavement services
- Youth Aware of Mental Health



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Community Psychiatry Workforce Expansion (CPWE)

CPWE Funds full-time academic psychiatrists as academic medical directors and new psychiatric resident rotation positions at facilities operated by community mental health providers.

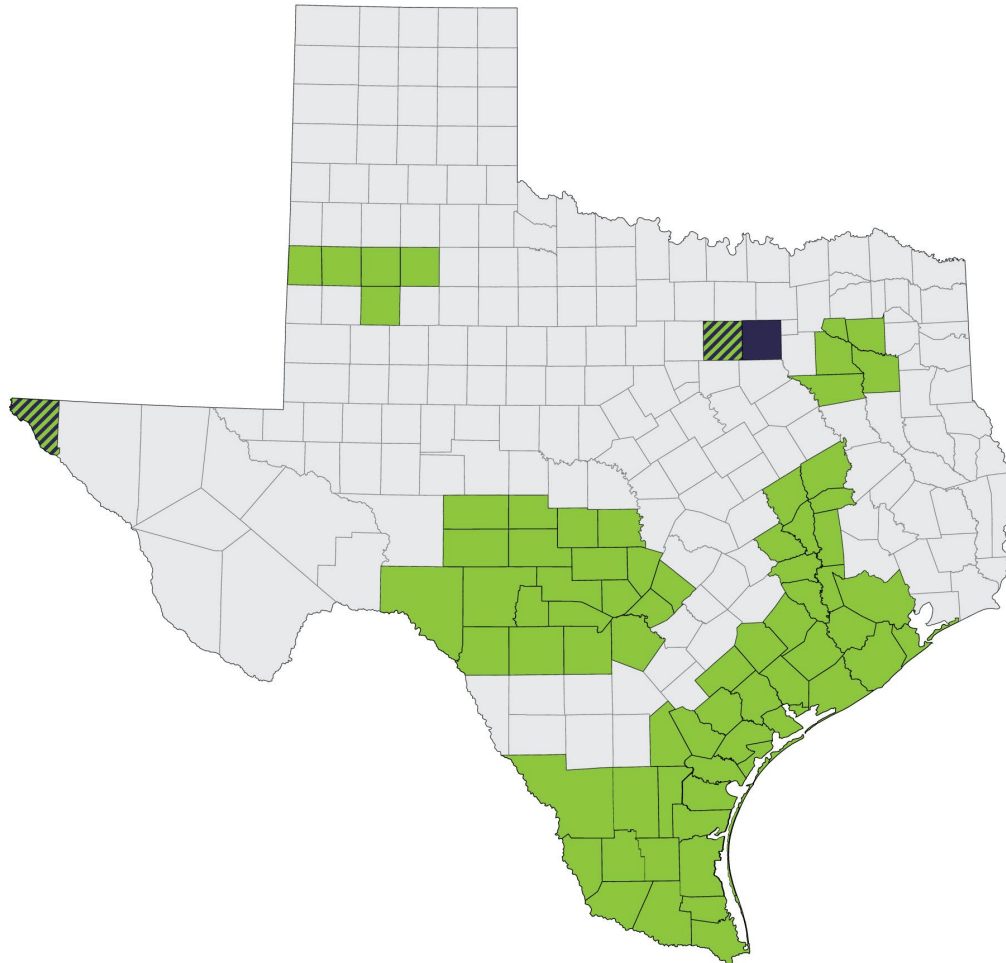


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- Currently partnering with 17 out of 39 LMHAs/LBHAs and 4 other Community Mental Health Providers across Texas.
- 110 Residents participated in the CPWE program this year (July 2021 – June 2022).
- Since its inception, Consortium staff have provided over 17,546 encounters, over 70% of which are children.

CPWE Partnerships



LMHA

- Harris Center
- Brazos Valley MHMR
- StarCare Speciality Healthcare System
- Emergence Health Network
- My Health My Resources (MHMR) of Tarrant County
- Texana Center
- Center for Health Care Services
- Gulf Bend Center
- Hill Country
- Andrews Center
- Gulf Coast Center
- Nueces Center for MHID
- Tropical Texas BH
- Coastal Plains Community Center
- Border Behavioral Health

Community MH Partner

- Metrocare Services
- Aliviane
- El Paso Child Guidance Center
- JPS Local Commitment Alternative hospital



Child Adolescent Psychiatry (CAP) Fellowships

CAP expands both the number of child and adolescent psychiatry fellowship positions in Texas and the number of these training programs at Texas HRIs.

- In 2019, there were 27 first year CAP fellows in the state
 - this July it is expected that there will be 46
- New Consortium-funded CAP fellowships
 - FY20 – 6 new CAPs funded by TCMHCC
 - FY21 – 11 new CAPs funded by TCMHCC
 - FY22 – 18 new CAPs funded by TCMHCC
- Three new CAP fellowships programs have been created as a result of Consortium funding
 - Texas Tech Health Sciences Center – Lubbock
 - University of Texas Health Science Center at Tyler
 - University of North Texas Health Science Center
- One new CAP fellowship program in development at University of Texas Rio Grande Valley
- Continued growth in new CAP fellowships expected
- Estimated cost of around \$100-125k per Fellow per Year (2)

Program Evaluation

- **External:** University of Texas Health Science Center Houston School of Public Health
 - Identify and compare delivery models by HRI
 - Conduct program process evaluation, including HRI-specific process outcomes
 - Evaluate primary program outcomes within the HRIs
 - Assessment of implementation that address local needs: health, economic, racial equity
 - Assessment of cost and cost effectiveness in years 1-2: ROI analysis for implementation of year 3
- **Internal:** University of Texas at Austin Steve Hicks School of Social Work
 - Assessment of effectiveness of implementation, reach, and ability to achieve goals
 - Clarify and create consistency for the measures' collection and reporting
 - Utilize surveys and key interviews to identify key successes, potential barriers/needs, and capacity for expansion



Research

- Children's Mental Health Research
 - Development of state-wide research networks with a focus on understanding and improving children's mental health services, to identify regional and state-wide service delivery gaps in order to inform policy and improve health care of youth in Texas.
- Two Networks have been established:
 - Youth Depression and Suicide Research Network
 - Childhood Trauma Research Network
- All HRIs are included in both networks
- HRIs are prohibited from recruiting from the TCMHCC clinical programs into the research projects



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